

BACK UP YOUR **BIRTH CONTROL** WITH **EC**



BE PREPARED **TO PROTECT YOURSELF IN CASE:**

♥️ THE CONDOM BREAKS ♥️ YOU FORGOT TO TAKE YOUR PILL
♥️ OR, YOU HAD SEX WHEN YOU DIDN'T WANT OR PLAN TO

Using Emergency Contraception **within 120 hours** of unprotected sex can prevent pregnancy — **but the sooner the better.**
Ask your healthcare provider about an advance supply of **EC (Emergency Contraception).**

1-888-NOT-2-LATE
backupyourbirthcontrol.org