

BACK UP YOUR **BIRTH CONTROL** WITH **EC**

BE PREPARED **TO HELP YOUR PATIENTS** **PROTECT THEMSELVES IN CASE:**

- ♥️ THE CONDOM BREAKS
- ♥️ SHE FORGOT TO TAKE HER PILL
- ♥️ OR, SHE HAD SEX WHEN SHE DIDN'T WANT TO OR PLAN TO

Using Emergency Contraception **within 120 hours**
of unprotected sex can prevent pregnancy —
but the sooner the better.

1-888-NOT-2-LATE
backupyourbirthcontrol.org

What is Emergency Contraception (EC)?

- A safe and effective way to *prevent* pregnancy after unprotected sex.
- Can be taken up to 5 days after sex, *however the sooner EC is used, the more effective it is.*
- EC contains the same active ingredients as hormonal contraceptives and works in the same way.
- EC is *NOT* the abortion pill or RU-486. EC cannot interrupt an established pregnancy.
- Products: (1) Plan B® (progestin-only) (2) High doses of regular oral contraceptives.

Emergency Contraception Resources for Pharmacists

Emergency Contraception: The Pharmacist's Role

Continuing education for pharmacists

www.pharmacist.com or

www.pharmacyaccess.learnsomething.com

Emergency Contraception Pharmacy Program

Information on direct access to EC through pharmacies

www.go2ec.org

Emergency Contraception Website

Information about EC in the U.S. and worldwide

www.not-2-late.com